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PARA-CYCLING ROAD WORLD CUP

OSTEND BELGIUM

AUTOMOBILIA
U BENT ONZE MOTOR



Time Trial

Donderdag/Jeudi/Thursday 04.05.2023
Vrijdag/Vendredi/Friday 05.05.2023

Road

Zaterdag/Samedi/Saturday 06.05.2023
Zondag/Dimanche/Sunday 07.05.2023

Team Relay

Zondag/Dimanche/Sunday 07.05.2023

PROGRAMMA 2023



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RACE SCHEDULE

Cat	Entries (BEL 2022)	Laps	Distance Km	Estimated Aver. km/h	Estimated time x lap	Estimated Race time	Start time 1st	Start time last	Finish time first	Estimated Finish time last
Lap lenght km		10,50	gap btw athletes	00:01:00	gap btw cat	00:03:00				
Day 1 - Thursday, 05 May 2022 - Time Trial										
Wave 1										
MT2	20	2	21,0	34	00:18:32	00:37:04	12:00:00	12:19:00	12:37:04	12:56:04
WT2	10	2	21,0	32	00:19:41	00:39:22	12:22:00	12:31:00	13:01:22	13:10:22
MT1	10	2	21,0	30	00:21:00	00:42:00	12:34:00	12:43:00	13:16:00	13:25:00
WT1	5	2	21,0	24	00:26:15	00:52:30	12:46:00	12:50:00	13:38:30	13:42:30
WH2	2	1	10,5	26	00:24:14	00:24:14	12:53:00	12:54:00	13:17:14	13:18:14
WH1	2	1	10,5	18	00:35:00	00:35:00	12:57:00	12:58:00	13:32:00	13:33:00
Ceremony protocol		n. Series	Time min/each		Total Time		Start time	Finish Time		
Ceremony protocol		6	00:05:00		00:30:00		14:00:00	14:30:00		
Wave 2										
MH5	20	2	21,0	40	00:15:45	00:31:30	15:00:00	15:19:00	15:31:30	15:50:30
MH4	30	2	21,0	39	00:16:09	00:32:18	15:22:00	15:51:00	15:54:18	16:23:18
MH3	45	2	21,0	38	00:16:35	00:33:09	15:54:00	16:38:00	16:27:09	17:11:09
MH2	15	2	21,0	32	00:19:41	00:39:22	16:41:00	16:55:00	17:20:22	17:34:22
WH5	5	2	21,0	35	00:18:00	00:36:00	16:58:00	17:02:00	17:34:00	17:38:00
WH4	10	2	21,0	33	00:19:05	00:38:11	17:05:00	17:14:00	17:43:11	17:52:11
WH3	15	2	21,0	32	00:19:41	00:39:22	17:17:00	17:31:00	17:56:22	18:10:22
MH1	15	2	21,0	26	00:24:14	00:48:28	17:34:00	17:48:00	18:22:28	18:36:28
Ceremony protocol		n. Series	Time min/each		Total Time		Start time	Finish Time		
Ceremony protocol		8	00:05:00		00:40:00		18:45:00	19:25:00		
Day 2 - Friday, 06 May 2022 - Time Trial										
Wave 3										
WC5	15	2	21,0	40	00:15:45	00:31:30	09:30:00	09:44:00	10:01:30	10:15:30
MC2	30	2	21,0	39	00:16:09	00:32:18	09:47:00	10:16:00	10:19:18	10:48:18
MC1	20	2	21,0	39	00:16:09	00:32:18	10:19:00	10:38:00	10:51:18	11:10:18
WC4	10	2	21,0	39	00:16:09	00:32:18	10:41:00	10:50:00	11:13:18	11:22:18
WC3	11	2	21,0	39	00:16:09	00:32:18	10:53:00	11:03:00	11:25:18	11:35:18
WC2	10	2	21,0	36	00:17:30	00:35:00	11:06:00	11:15:00	11:41:00	11:50:00
WC1	2	2	21,0	36	00:17:30	00:35:00	11:18:00	11:19:00	11:53:00	11:54:00
Ceremony protocol		n. Series	Time min/each		Total Time		Start time	Finish Time		
Ceremony protocol		7	00:05:00		00:35:00		12:15:00	12:50:00		
Lunch break (commissaires + moto 12,00-13,45)										
Wave 4										
MB	25	3	31,5	48	00:13:08	00:39:22	14:00:00	14:24:00	14:39:23	15:03:23
MC5	30	3	31,5	46	00:13:42	00:41:05	14:27:00	14:56:00	15:08:05	15:37:05
MC4	30	3	31,5	44	00:14:19	00:42:57	14:59:00	15:28:00	15:41:57	16:10:57
MC3	25	3	31,5	43	00:14:39	00:43:57	15:31:00	15:55:00	16:14:57	16:38:57
WB	20	2	21,0	42	00:15:00	00:30:00	15:58:00	16:17:00	16:28:00	16:47:00
Ceremony protocol		n. Series	Time min/each		Total Time		Start time	Finish Time		
Ceremony protocol totale		432	00:05:00		00:25:00		17:00:00	17:25:00		



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Day 3 - Saturday, 07 May 2022 - Road Races

Lap lenght km		7,1							
Cat	Entries (BEL 2021)	Laps	Distance Km	Estimated Aver. km/h	Estimated time x lap	Estimated Race time	Start time	Estimated Finish time	
Race 1									
MT2	20	5	35,5	32	00:13:19	01:06:34	09:00:00	10:06:34	
MT1	10	5	35,5	30	00:14:12	01:11:00	09:00:00	10:11:00	
WT2	10	4	28,4	28	00:15:13	01:00:51	09:02:00	10:02:51	
WT1	5	4	28,4	23	00:18:31	01:14:05	09:02:00	10:16:05	
Race 2									
MH2	15	8	56,8	30	00:14:12	01:53:36	10:45:00	12:38:36	
MH1	15	8	56,8	28	00:15:13	02:01:43	10:45:00	12:46:43	
WH5	5	8	56,8	29	00:14:41	01:57:31	10:47:00	12:44:31	
WH4	10	8	56,8	29	00:14:41	01:57:31	10:47:00	12:44:31	
WH3	15	8	56,8	29	00:14:41	01:57:31	10:47:00	12:44:31	
WH2	2	5	35,5	24	00:17:45	01:28:45	10:47:00	12:15:45	
WH1	2	5	35,5	17	00:25:04	02:05:18	10:47:00	12:52:18	
		<i>n. Series</i>	<i>Time min/each</i>			<i>Total Time</i>	<i>Start time</i>	<i>Finish Time</i>	
Ceremony protocol		11	00:05:00			00:55:00	13:15:00	14:10:00	
Jersey protocol		11	00:02:00			00:22:00	14:10:00	14:32:00	

Lunch break (commissaires + moto 13,00-14,15)

Race 3									
MH4	30	9	63,9	37	00:11:31	01:43:37	14:30:00	16:13:37	
MH5	20	9	63,9	36	00:11:50	01:46:30	14:32:00	16:18:30	
Race 4									
MH3	45	9	63,9	37	00:11:31	01:43:37	16:45:00	18:28:37	
		<i>n. Series</i>	<i>Time min/each</i>			<i>Total Time</i>	<i>Start time</i>	<i>Finish Time</i>	
Ceremony protocol		3	00:05:00			00:15:00	18:45:00	19:00:00	
Jersey protocol		3	00:02:00			00:06:00	19:00:00	19:06:00	

Day 4 - Sunday, 08 May 2022 - Road Races

Race 5									
MB	25	14	99,4	42	00:10:09	02:22:00	08:45:00	11:07:00	
WB	20	11	78,1	37	00:11:31	02:06:39	08:47:00	10:53:39	
Race 6									
WC5	15	9	63,9	33	00:12:55	01:56:11	11:30:00	13:26:11	
WC4	10	9	63,9	31	00:13:45	02:03:41	11:30:00	13:33:41	
WC3	11	8	56,8	31	00:13:45	01:49:56	11:32:00	13:21:56	
WC2	10	8	56,8	30	00:14:12	01:53:36	11:32:00	13:25:36	
WC1	2	8	56,8	30	00:14:12	01:53:36	11:32:00	13:25:36	
		<i>n. Series</i>	<i>Time min/each</i>			<i>Total Time</i>	<i>Start time</i>	<i>Finish Time</i>	
Ceremony protocol		7	00:05:00			00:35:00	13:45:00	14:20:00	
Jersey protocol		7	00:02:00			00:14:00	14:20:00	14:34:00	

Lunch break (commissaires + moto 13,30-14,15)

Race 7									
MC5	30	11	78,1	39	00:10:55	02:00:09	14:30:00	16:30:09	
MC4	30	11	78,1	39	00:10:55	02:00:09	14:30:00	16:30:09	
Race 8									
MC3	25	9	63,9	37	00:11:31	01:43:37	16:45:00	18:28:37	
MC2	30	9	63,9	35	00:12:10	01:49:33	16:47:00	18:36:33	
MC1	20	9	63,9	35	00:12:10	01:49:33	16:47:00	18:36:33	
<i>totale</i>		432							
Race 9									
Lap lenght km		1,7							
Team Relay		9	15,3	40	00:02:33	00:22:57	19:00:00	19:22:57	
		<i>n. Series</i>	<i>Time min/each</i>			<i>Total Time</i>	<i>Start time</i>	<i>Finish Time</i>	
Ceremony protocol		6	00:05:00			00:30:00	19:30:00	20:00:00	
Jersey protocol		6	00:02:00			00:12:00	20:00:00	20:12:00	